

SAFE FLOWERS, GRAINS, HERBS, NUTS & SEEDS

FRESH FLOWERS

- BOUGAINVILLEA
- CALENDULA
- CHRYSANTHEMUM
- ECHINACEA
- HIBISCUS
- JASMINE (*False Jasmine or Yellow Jasmine is Not Safe*)
- NASTURTIUM
- PANSY
- RED CLOVER
- ROSEHIPS
- ROSES



GRAINS

- AMARANTH
- BUCKWHEAT
- BARLEY
- CORN (*Dry Kernel*)
- KAMET
- MILLET
- OAT GROATS
- QUINOA
- RICE (*Short Brown, Black, Red, Wild*)
- RYE
- SPELT
- WHEAT



HERBS & SPICES

- ALFALFA
- ANISE (*Leaves & Seeds*)
- BARBERRY ROOT
- BURDOCK ROOT
- BASIL
- BAY LEAVES
- CELERY ROOT
- CEYLON CINNAMON
- CHAMOMILE
- CHICORY
- CLOVES
- CORIANDER (*Cilantro*)
- DANDELION
- DILL
- GINGER ROOT
- HORSERADISH ROOT
- LAVENDER
- LEMON GRASS
- LEMON BALM
- MARJORAM
- MINT
- NETTLE
- OREGANO
- PARSLEY
- RASPBERRY LEAVES
- RED CLOVER
- ROSEMARY
- SAGE
- ST. JOHN'S WART
- STAR ANISE SEEDS (*Pods*)
- THAI BASIL
- THYME
- TURMERIC ROOT



NUTS

- ALMONDS
- BRAZIL NUTS
- CASHEWS
- HAZELNUTS
- MACADAMIA NUTS
- PECAN NUTS
- PINE NUTS
- PISTACHIOS
- WALNUTS



SEEDS

- ANISE SEEDS
- CANTALOUPE SEEDS
- CARDAMOM SEEDS WITH PODS
- CARAWAY SEEDS
- CHIA SEEDS
- CORIANDER SEEDS
- CUMIN SEEDS
- DIFFERENT PEPPER SEEDS
- FENNEL SEEDS
- FLAX SEEDS
- GRAPE SEEDS
- MELON SEEDS
- MILK THISTLE SEEDS
- PAPAYA SEEDS
- PASSION SEEDS
- POMEGRANATE SEEDS
- POPPY SEEDS
- PUMPKIN SEEDS
- SESAME SEEDS
- SQUASH SEEDS